



Notes of NP3 Working Group for Older People Meeting (WGOP) on Tuesday 13 April 2016 at the Eastfield Inn

Present:

Alan Aburrow (AA)
Helen Furber (HF)
Audrey Indge (AI)
Mildred Miller (MM)

Valerie Bishop (VB) [Chair]
Gay Huggins (GH)
James Lynch (JL)
Glenise Morgan (GM)

Sue Boyd (SB)
Wendy Hull (WH)
Andrew McGrath (AM)

Apologies:

Geoff Gollop

- 1 Welcome** VB welcomed everyone to the meeting.
- 2 Notes of last meeting** Approved - although some participants asked for them to be resent as they could not recall having received them.
- 3 Puxton Park** GH confirmed that 45 places are available on the trip.

After a discussion it was agreed that GH, GM and VB will accompany the participants to Puxton Park.

AM confirmed that those on the WGOP's mailing list had all received details of the trip by post. If any envelopes are returned to AM, he will pass them on to HF.

AI will distribute fliers at St Monica's. VB has taken fliers to the Falldon Way Surgery and has also taken/ distributed fliers at various meetings she has attended. GM will ensure Westbury Park residents are made aware of the trip.

Fliers for the trip were distributed to meeting participants. AM agreed to take a further supply of fliers and application forms to the Transport meeting and give them to members of the WGOP.

Concern was expressed about some potential applicants who may need carers. It was mentioned that one lady 'got lost' at the Christmas outing and, if she attends any further trips, a carer will be required. VB asked GH to summarise the booking requests and to circulate the summary to the group's management committee members before any places are confirmed.

4 Way forward

VB explained that the key item on the agenda was to reconsider the group's priorities for inclusion in a refreshed NP3 plan. She went on to advise that at a meeting the previous evening, David Mayer suggested that each of the NP's working groups should identify five key priorities that had not necessarily been included before.

VB asked group members to participate in an open discussion facilitated by HF about the group's aims for the next year, how they can be achieved and who will take responsibility for any actions arising.

Summary points from the discussion were:

- A revised mission statement was proposed of: *“Promote the health and wellbeing and diverse needs to improve the quality of life for older members of our community, especially those who are socially isolated.”*
- SB will share selected papers (e.g. questionnaires, names of organisations contacted, notes etc) that were used to inform the group set up.
- AM will try and find out what other NPs are doing.
- It was agreed that the WGOP needs to reach out to more of the community. Communication is key.
- We need to be more aware of needs.
- Whilst the meeting participants would like to do/ offer more, resources are an issue so priorities need to be agreed. Currently they are (not in order of priority):
 - Investigate holding another Celebration of Age Festival.
 - Identify internal and external funding sources in order to provide a programme of at least four activities per year.
 - Liaise with other service providers to update and continue to produce the over 55s activities booklet and database of activities for older people.
 - Consult with older people (questionnaires, feedback etc).
 - Devise a plan to expand the NP3 database of older people in the priority group.
 - Continue to work with other agencies to identify people in need.
 - Attend, promote and work on the WGOP and report to Forums.

5 Post meeting actions

All participants were asked to review the revised mission statement and advise HF of any suggested amendments. In addition, participants were asked to:

- Consider possible changes to the group's current activities (including stopping/ moving them to other organisations) – particularly bearing in mind resource constraints.
- Review and update the current priorities in the light of the discussion at the meeting. The aim is to make them as specific and achievable as possible – particularly as this could help with grant funding.

Revised priorities (no need to have seven, we can have less) need to be incorporated in a consolidated report to the NP3 meeting on 13 June. Ideally all responses should be provided to HF by 6 May so that they can be shared with group members before they are sent to AM to consolidate in the overall plan.

6 Next meeting

Wednesday 6 July 2016.