



Notes of NP3 Working Group for Older People Meeting (WGOP) on Tuesday 6 July 2016 at Henleaze Library

Present:

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| Valerie Bishop (VB) [Chair] | Graham Donald (GD) | Helen Furber (HF) |
| Geoff Gollop (GG) | Audrey Indge (AI) | Andrew McGrath (AM) |
| Mildred Miller (MM) | Glenise Morgan (GM) | Peter Robottom (PR) |

Apologies:

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| Gay Huggins (GH) | James Lynch (JL) |
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- 1 Welcome** VB welcomed everyone to the meeting – especially GD, GG and PR who were attending their first meeting.
- 2 Apologies/ Resignations**
 - Apologies: HF advised that GH and JL had sent their apologies.
 - Resignations: VB explained that, as they are no longer ward representatives, Sue Boyd (SB) and Wendy Hull have tendered their resignations from the group. VB asked that the Group's appreciation for their contributions should be recorded.
- 3 Notes of last meeting** Approved.
- 4 Issues from last meeting not otherwise covered**
 - WGOP papers: The last notes recorded that SB would share selected papers (e.g. questionnaires, names of organisations contacts, notes etc.) that were used to inform the set-up of the WGOP. As nothing had been received, VB agreed to contact SB.
 - Other NPs: AM advised that he would be attending a meeting of a BCC Health Group within the next week; he would use this as an opportunity to try and find out what other NPs are doing for older people.
- 5 Puxton Park** VB advised that the trip to Puxton Park on 16 June had been appreciated by the participants. In addition to VB, GH and GM helped on the day.

One lady became ill whilst at the Park and was taken by ambulance to Weston-super-Mare hospital. It later transpired that she had been unwell before the trip.

In response to a question from GG, it was confirmed that the majority of the trip participants tend to be female.

- 6 Finances**
- a) Available funds: It was noted that funds available amounted to £676.70 as at 20 June 2016.
- b) Further funds: At the June NP meeting a request for a £3,000 budget to be drawn down as required was agreed. The NP noted that each draw-down would be formally requested from the Neighbourhood Committee.
- c) Puxton Park: From the financial statement, it was noted that the subsidy for the Puxton Park trip was £540.10. An inconclusive discussion ensued about whether the subsidy was excessive or not. One point made was that the subsidy may be appropriate if the Group is confident that we are ‘reaching out’ to the right people.
- d) Grants: It was agreed that the WGOP should try to obtain outside grant funding where possible.
- 7 Priorities**
- The WGOP’s priorities were included amongst the papers discussed at the June NP meeting. VB advised that the priorities need to be reviewed on a regular basis.
- Everyone agreed that it is essential that the WGOP prioritises actions that are achievable (i.e. rather than having a wish list where we lack resources to successfully undertake actions).
- GM suggested that a way of contacting more isolated people could be by working in conjunction with the Meals on Wheels Service and also with those who take books to people at home.
- 8 Future activities**
- A large number of possible future activities were discussed or mentioned. They (afternoon tea, more trips etc.) largely replicated those referred to and noted in the Group’s previous two meetings so they are not included in these notes.
- a) Over 55s booklet: A fairly lengthy discussion took place about the booklet. The conclusion was that producing this booklet is an activity that should continue and grant funding should be sought – possibly from St Monica’s – towards a further edition. GM suggested that Bristol Ageing Better might be able to help with funding.
- The publication date needs to be considered carefully as August/ early September is arguably the best time. Due to resource considerations, a deferral may be necessary until 2017. It was agreed that, in due course, we also need to contact LinkAge to ask if they can provide support on the same basis as for the earlier editions. AM offered to contact LinkAge.
- b) European City of Sport: Bristol has been named as the European City of Sport for 2017. Following on from a suggestion made by MM that the Group helps older people to get involved with gardening etc. GG wondered if the potentially greatest significance of being the European City of Sport might be the impact on the health of Bristol residents. Perhaps we could link the 2017 initiative to having an event for older people.

- 9 Upcoming local events**
- a) Bristol Dementia Action Alliance (BDAA) “Coming of Age” Celebration: VB referred to the first birthday celebration and conference of BDAA which was being held on 8 July. She advised that she was planning to attend and others would be welcome.
- b) Health and Wellbeing Event at Greenway Community Centre: VB referred to an event being held on 30 July. She explained that local GPs were sponsoring an event aimed at those aged over 75. At the event participants would receive advice and information on the services that charities and organisations dedicated to improving health and wellbeing.
- The WGOP had an opportunity to have a free of charge stand. VB volunteered to attend/ host if someone else joined her. AM said he could probably attend and that he would ask Gary Brentnall if he could also attend/ help.
- c) Senior Film Club: With effect from May, films are being shown every third Monday in St Peter’s Church Hall. The ‘club’ is hosted/ sponsored by Home Instead (based in Harbury Road, Henleaze). Entry is free; refreshments can be purchased.
- 10 AGM**
- It was agreed that the WGOP’s AGM will take place at the next quarterly meeting (see 12). In advance of the AGM, nominations for the roles of Chair, Secretary and Treasurer of the Group should be sent to HF.
- An agenda for the AGM will be issued in September. We will post it to our NP3 website (in addition to other notifications such as contacting those on our database) - ideally 14 days before the AGM.
- 11 Constitution**
- VB advised that she, GD, HF and AM had met to discuss an updated Constitution. Mike Huggins was not able to attend the meeting but has been involved and has input to email exchanges.
- The Constitution was shared, in advance, with meeting participants. GM and HF suggested some minor amendments. It was agreed to circulate the Constitution in what is hoped will be regarded as a final draft that requires no further changes prior to the AGM.
- 12 Next meetings**
- 10am on Wednesday 5 October 2016 and 10am on Wednesday 11 January 2017 at Henleaze Library (venue to be confirmed by AM).